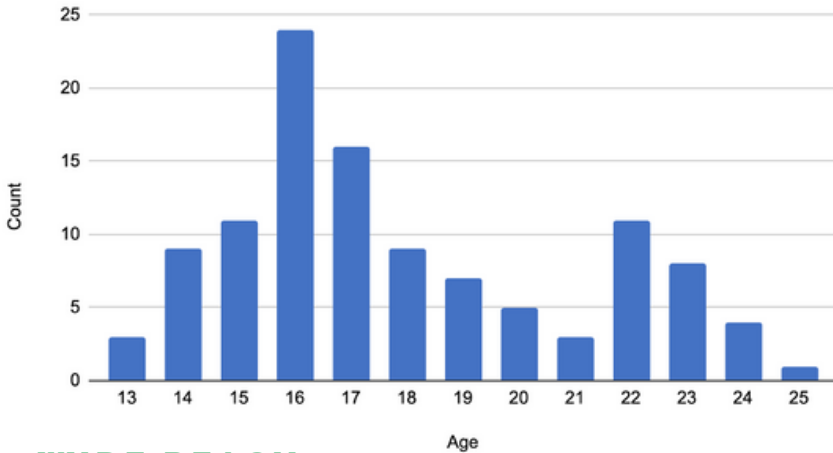


Nate's Place

A WELLNESS AND RECOVERY CENTER

Age Demographics



YEAR-IN-REVIEW

From February 2023 to June 2024, Nate's Place has successfully supported teens and young adults ranging from ages 13 to 25 years old.

The majority of individuals currently served are 16 and 17 years of age. The majority of our participants are sophomores to seniors in high school.

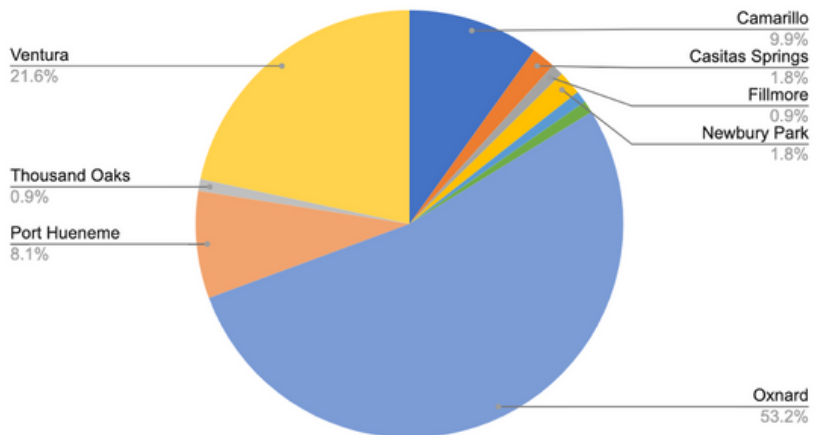
As of June 2024, Nate's Place has supported 216 teens and young adults, which includes 105 teens through our Teen Intervene Prevention group at schools. We typically have 50 to 55 youth enrolled at our center.

WIDE REACH

Nate's Place has been able to service individuals and families throughout Ventura County. By offering transportation to and from the center, Nate's Place provides accessibility to individuals in outlying areas. Located in Oxnard, CA, 46.8% of the population served come from 9 of the surrounding cities. **Clients from Oxnard make up 53.2%.**

Nate's Place extends its reach outside of the center by conducting **Teen Intervene Prevention groups in 4 schools in Ventura County where a total of 105 teens are served.** More schools are planned to be added by the end of 2024.

City Demographics



105

teens regularly supported in Ventura County schools.

216

Total of individuals supported since February 2023

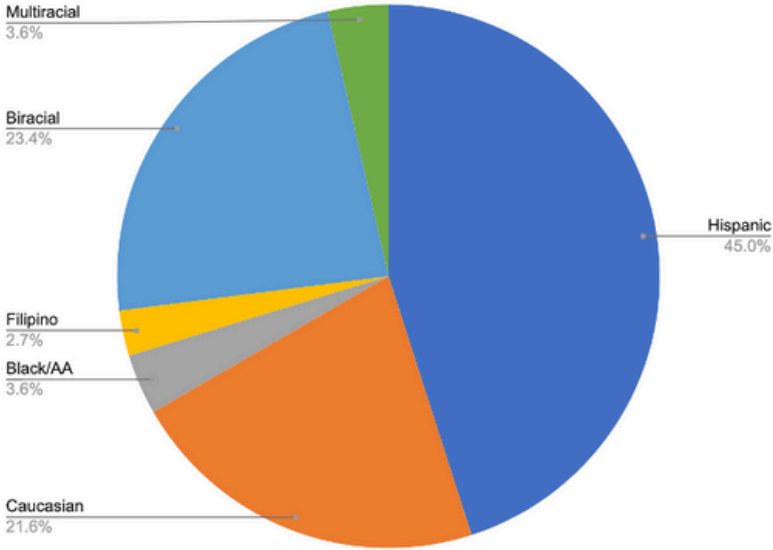
53.2%

of the population that participate at Nate's Place are from the Oxnard area.

Nate's Place

A WELLNESS AND RECOVERY CENTER

Race Demographics



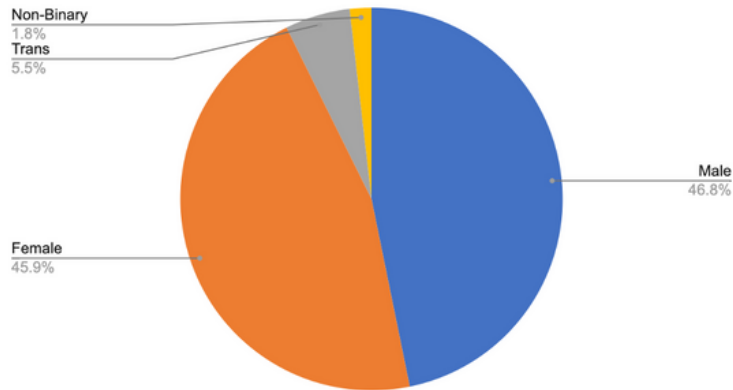
*Multiracial participants have identified as having 3 or more ethnic or racial backgrounds.

DEMOGRAPHICS

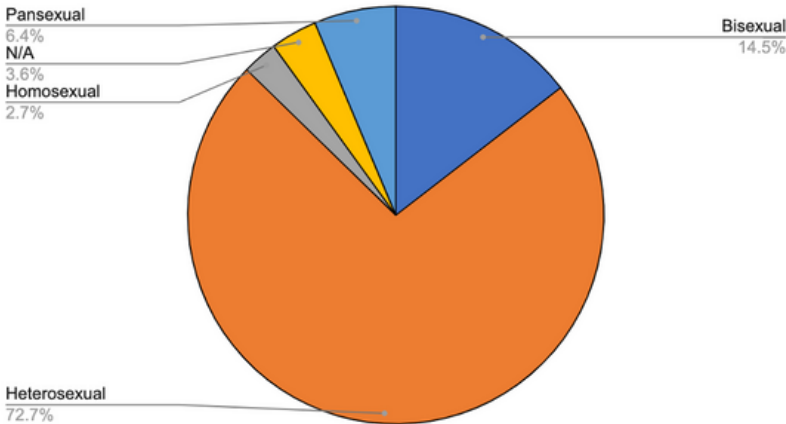
Nate's Place has been welcoming to all ethnicities. As of June 2024, **Nate's Place has a total of 78.4% BIPOC population.** The Nate's Place staff reflects the population by having over half of its staff being bilingual (Spanish/English).

Nate's Place has a population of **46.8% male, 45.9% female, 5.5% transgender, and 1.8% non-binary.**

Gender Demographics



Sexual Orientation Demographics



Nate's Places is proud to be a safe haven for young adults to feel comfortable about their gender and sexuality, and also to learn from one another. **72.7% identify as heterosexual, 14.5% bisexual, 2.7% homosexual, 6.4% pansexual, and 3.6% choosing not to identify.**

78.4%

of Nate's Place participants identify as Black, Indigenous, and People of Color (BIPOC)

Nate's Place has shown continuous support to all demographics in regards to gender, sexual orientation, and race. The BIPOC population at Nate's Place exceeds the racial demographic makeup of Ventura County, proving to be a great resource to under-represented and minority groups in the county.

Nate's Place

A WELLNESS AND RECOVERY CENTER

CONNECTING TO THE COMMUNITY

Nate's Place has successfully organized nine **Community Prevention Talk** events for youth, parents, and community partners to receive free education on critical topics such as vaping, marijuana, nicotine, fentanyl, and opioids.



With guest speakers that are subject-matter experts, participants have been overwhelmingly pleased with the detailed information they are provided and the length of time of these events. Major highlights are the testimonials from guest speakers that share personal experiences and their journey to recovery.

Since opening in 2023, Nate's Place reached nearly **400 attendees in the 10 events** held. With majority positive feedback from participants, **85% of those that were surveyed strongly agree that the subject matter is relevant and changed their view on the topic.**

"I really liked the whole thing it was very educational and fun learning new things and being with everyone."

"The personal stories are very informative."

"It was fun and interesting."

"Great presentation!"

"The speaker was knowledgeable and came across as genuine and open. Enlightening, and great presentation."

"Very informative and easy to follow."

"Chance's story was so good and really touched me. Thank you for sharing."

"Amazing! Thank you!"

"Very compelling presentation"

"The information will help me a lot so I can help my children."

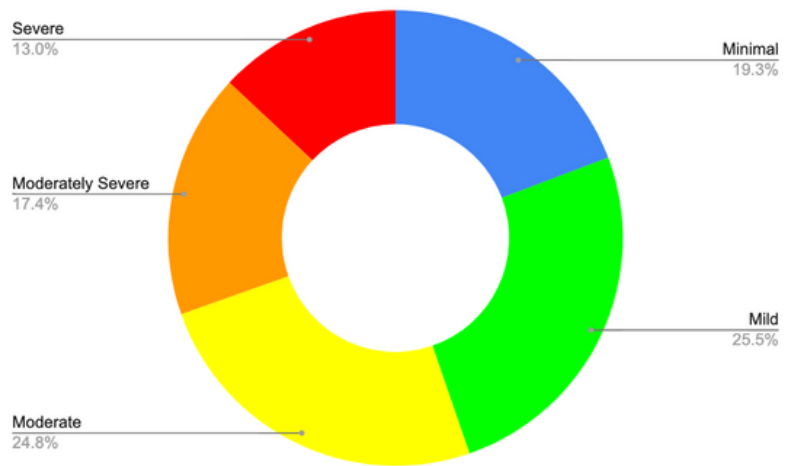
Nate's Place

A WELLNESS AND RECOVERY CENTER

IMPACT OF PROGRAM

Each participant completes an industry-standard self-report questionnaire to measure their mental health at the time of entering the program. The questionnaire is provided every three months for updates.

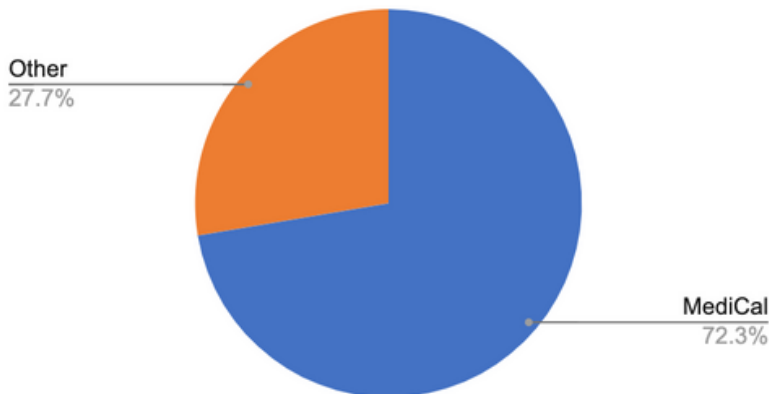
- **69.6%** of participants have shown an improvement in their levels by going from severe and moderately severe depression to moderate, mild, and minimal depression.
- **89%** reported improved overall mental health.
- **88%** increased motivation to reduce substance use.



Participants that have attended programming 3 or more days each week have stated they are “Very Motivated” in reducing their use of alcohol and/or drugs.

As of June 2024, **72.3% of current Nate's Place participants are enrolled in Medi-Cal.** The young participants and their families benefit greatly from the free services and on-going support provided by Nate's Place: A Wellness and Recovery Center.

Health Coverage



*Nate's Place does not bill MediCal or any insurance company and there is no charge for services.



3820 W Channel Islands Blvd
 Oxnard, CA 93035
 (805) 590-5818
natesplacewellnesscenter.org

A non-profit serving teens and young adults